

Cholesterol Crystals in Reserosomes: An Unsolved Mystery

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Introduction

In higher eukaryotes, the major sterol described in membranes is cholesterol. Plasma membrane contains around 65%-85% cholesterol. Endosomes, lysosomes and recycling vesicles also present high amounts of cholesterol and cholesteryl esters as a consequence of uptake of lipoproteins. Cholesterol leaves endolysosomal system into endoplasmic reticulum by the orchestration of a set of proteins recruited to the contact site established between both compartments. In this scenario, NPC1, NPC2, Rab7, ORP1L, STARD3, STARD3NL among others interact with proteins from endoplasmic reticulum, such as ORP5, VAP e RILP to ensure that cholesterol is trafficked to other compartments or stored in lipid droplets [1]. The imbalance of this route impairs lipid metabolism resulting in formation of foam cells and progression of atherosclerosis or even congenital consequences for human health, as the neurodegenerative Niemann Pick type C disease, Wolman disease leading to a state of cellular starvation [2]. These conditions create a favorable environment to cholesterol crystalization, from a bidimensional crystal to a packed rectangular or flatten crystal structure [3]. Cholesterol crystals are associated with many cellular responses, for example, activation of NLRP3 inflammasomes, NETosis, atherosclerotic plaque erosion, thrombosis, renal embolism [4].

Although cholesterol physiology has been studied for a long time in mammals, general awareness in protozoan parasites is fairly limited. It is well accepted that parasites depend on exogenous sterols to proliferate, synthesize and remodel membranes. In *Trypanosoma cruzi*, etiological agent of Chagas disease, cholesterol is acquired during insect stage phase or in intracellular stage in mammals. One intriguing point that parasitologists have to solve is how parasites keep the equilibrium of ergosterol and cholesterol rates. Our group has been studying lipid endocytosis in proliferative forms of *T. cruzi*. Cholesterol gains intracellular environment after LDL endocytosis and is stored temporarily in reserosomes (lysosome like organelles) and lipid droplets [5]. Round, needle or rectangular shaped lipid inclusions are frequently observed in ultrathin sections [6]. However, high serum concentration triggers profound alterations in parasite morphology, resulting in skewed reserosomes, fulfilled by large and abundant cholesterol crystals as well as several lipid droplets and crystals along parasite body [7,8]. Moreover, the parasite ability to mould and dissolve these

crystalline arrangements does not culminate in extensive effects on viability, survival or proliferation. So, many questions emerge to understand this puzzle:

- Under which conditions does cholesterol crystallize? What triggers crystallization?
- Do cholesterol crystals in reserosomes show the same three-dimensional pattern as those described in mammals?
- Is the disassembly of crystals associated to physical-chemical environment of the reserosomes?
- Which targets do some enzymatic inhibitors present in order to avoid cholesterol exit and consequent accumulation in reserosomes?
- High amounts of cholesterol crystals do interfere on metacyclogenesis?
- Why parasite does not succumb to several cholesterol crystals?

Conclusion

These and others questions arise gradually according to parasitologists try to comprehend the mysterious mechanisms of *T. cruzi* survival and the challenges to adaptate in distinct hosts. Probably, in the digestive tract of insect vector, *T. cruzi* epimastigotes do not have abundant lipid sources as in axenic cultures. More importantly is to determine the molecular mechanisms behind crystal dismantling and cholesterol utilization by parasite.

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