

Doctor - Patient Relationship and the Phenomenon of the Wind in Indigenous Medicine

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Abstract:

In all indigenous traditions, the foundational cosmology is based around unseen energies, an unseen force, or what most call the “wind”. The ability of stress reduction to alleviate many symptoms is from the indigenous medicine view, due to the observed phenomenon associated with calming or balancing the “wind”. The means to accomplish the goal of organizing the disorganized “wind” is multidimensional. Lifestyle, Diet, and what might be classified as magic are the main means used in the indigenous traditions other than actual material medicines - substances made from herbal-mineral-animal sources. Included in the “magic” would be the bedside manner. This relationship with a healer, and the relationship with a patient from the beginning, constitutes a vehicle for deep and far reaching healing to be established through a simple unthreatening relationship of depth.

Keywords:

Bedside Manner, Indigenous Medicine, Central Nervous System Dominance, Sowa Rigpa, Ayurveda

Research Interest:

Indigenous Medicine, Doctor Patient Relationships, Traditional Drug Delivery systems, Traditional Indigenous Nano Medicines, Rejuvenation, Longevity, Mental Health

[Joint event of World Heart Congress & Traditional Medicine 2020](#); Osaka, Japan- March 12-13, 2020

Abstract Citation:

Douglas (Gunasilan). de Becker, Doctor - Patient Relationship and the Phenomenon of the Wind in Indigenous Medicine, Traditional Medicine 2020, Joint event of World Heart Congress & Traditional Medicine 2020- Osaka, Japan- March 12-13, 2020