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Annals of Clinical and Laboratory Research
ISSN 2386-5180

2018
Vol.6 No.2:239

DOI: 10.21767/2386-5180.100239

Hereditary Haemorrhagic Telangiectasia

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Citation: Lobreglio G, Aguglia M (2018) Hereditary Haemorrhagic Telangiectasia. Ann Clin Lab Res. Vol.6 No.2:239

Received: June 25, 2018; **Accepted:** June 29, 2018; **Published:** July 02, 2018

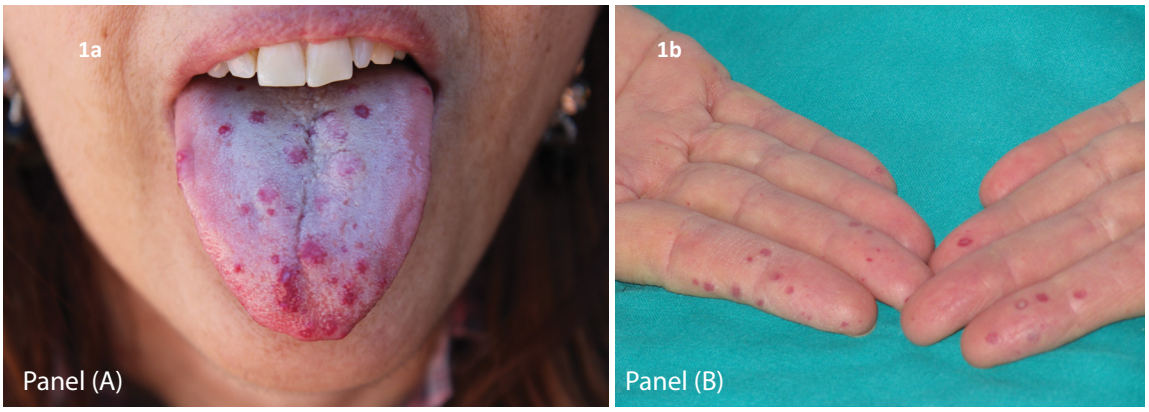

Figure 1 **Panel (A)** Multiple mucocutaneous teleangiectasias most evident on the tongue, buccal mucosa.
Panel (B) Multiple mucocutaneous teleangiectasias most evident on chest and fingers.

Clinical Image

Multiple mucocutaneous teleangiectasias is most evident on the tongue **(Figure 1, Panel A),** buccal mucosa, chest and fingers **(Figure 1, Panel B)** in fatigue and iron-deficiency anemia, due to recurrent spontaneous epistaxis and a recent episode of gastrointestinal bleeding.

The clinical picture and the family history suggest the diagnosis of Hereditary Haemorragic Teleangiectasia (HHT). A missense mutation in the gene coding for the Activin receptor-like kinase ALK-1 was detected and confirmed the diagnosis of HHT. Treatment with laser photocoagulation of nasal teleangiectasias and iron infusions was found to be relevant with improvement of the symptoms.