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Positive emotions and addiction

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Despite the clinical observations that indicate a possible connection between the emotions, the addictive behavior and its treatment, there are no sufficient research findings about the role of positive emotions in addiction and addiction treatment. This study aimed at the examination of the role of positive emotions in the process of treatment, as an important factor that influences the treatment outcome. The participants were 157 clients undergoing a substance abuse treatment in a residential treatment program. The results indicate the importance of positive emotions and their differentiation in different treatment phases. Taking into account the role of the emotions in the developing of the addictive behavior, the study indicates the manifold role of a new factor in addiction field, with various implementations in research and clinical level.

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