



Correcting the Jowls in rhytidectomy: a direct approach

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Statement of the Problem: The Jowls are one of the most resilient ageing features in the face. This anatomical acquired defect is elusive and therefore numerous approaches have been designed through the years to correct it, with varying degrees of success, but mostly leading to a frustrating relapse for both the patient and the surgeon.

Methods: A series of over 200 consecutive patients, from 2007 to 2017, who were submitted to a Rhytidectomy for facial rejuvenation purposes, is presented. Direct correction of the jowls was added to the procedure for them. Using and adapting this technique to correct the jowls resulted in a longer-lasting effect that successfully dealt with the jowls for up to 10 years or longer. The details of this surgical step during a facelift, based on anatomical structures and addressing the acquired defect is presented, along with pre and postoperative photographs with follow-up images of up to 10 years.

Conclusion & Significance: Detailing the jowls treatment using a direct corrective approach has led to a successful correction of this age-acquired defect with long-lasting and safe results.

Biography: Enrique Garcia Murray is an Attending Physician at Angeles del Pedregal Hospital and The American British Cowdray Hospital in Mexico City. He is also an Associate Professor of Plastic Surgery at Centro Medico Nacional "La Raza". He is a Fellow of the Mexican Association of Plastic Reconstructive and Aesthetic Surgery, Member of the International Society for Plastic Surgery (ISAPS), Member of the American Society of Plastic Surgery and Member of the Mexican Council for Plastic and Reconstructive Surgery. He is a Consultant in Plastic Surgery in various private hospitals throughout the country.

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