

ENDOSCOPY IN FACE REJUVENATION

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Face-lift is one of the most popular plastic surgery in the world. There are a lot of methods for improving face aging changes. We usually use endoscopy in facial rejuvenate procedures, almost always for the forehead and the mid-face and less often for the neck. Endoscopic surgery helps to minimize facial and scalp scars and prevent other problem of the open approach such as alopecia, numbness, and itching common to the coronal or hairline incisions, visible periauricular scars, and other stigmata of the face lift. In my opinion this minimally invasive technique is less traumatic and time consuming. It allows a greater range of possibilities for individual needs because it limits the incision and dissection to the required areas and has a higher level of acceptance by the patients. Good candidates for subperiosteal endoscopic face lifts without skin resection are young or middle-age patients with midface ptosis and pronounced nasolabial folds, without significant skin excess or patients after conventional face lift. Forehead and midface endoscopic assisted lifts are now regular procedures which may substitute or complement conventional techniques. This report is based on our experience and long follow-up in endoscopic subperiosteal lifting. The experience with an endoscopic subperiosteal technique to lift the upper and midface in 320 patients is described. Based on their evaluation of results of the surgery over a 12-year period (2006-2018), we conclude that subperiosteal lifting is an effective, reliable, reproducible, and safe operation.

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