

# NEW TAKE ON THE PITANGUY ABDOMINOPLASTY

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**Background:** The techniques of abdominoplasty has involved since the initial introduction in 1899. Unfortunately, this procedure has developed a certain stigmata related to pain, postoperative limitations, and unpredictable results. This has a led to wariness in the patient population of seeking this procedure.

**Methods:** Modifications of the traditional abdominoplasty including surgical technique, innovative devices and a new paradigm towards postoperative care as developed over 500 cases during an eight year period will be presented. Statistical analysis of the last 100 cases will be presented also.

**Results:** Of the last 100 cases: cut to close time average = 1:38, complications observed were seroma, wound healing greater than two weeks, excessive scarring, inadequate skin removal = 5%, average length of post-operative opioids = 2.7 days.

**Conclusion:** With proper patient selection, surgical technique and appropriate postoperative care, modification of the traditional abdominoplasty can provide safe, efficacious, highly predictable results with minimal down time.

**Content:** Modification of the traditional abdominoplasty that provides safe, efficacious, highly predictable results with minimal down time will be presented.

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