

36<sup>th</sup> International Conference on **Psychiatry and Psychosomatic Medicine**  
&  
9<sup>th</sup> International Conference on **Addiction Psychiatry & Mental Health**  
&  
25<sup>th</sup> International Conference on **Advanced Clinical Research and Clinical Trials**  
September 16-17, 2019 Rome, Italy



## *Kevin Kervick*

USA

### **Interpersonal wisdom allowing your natural gifts to flourish in psychotherapy**

This cutting-edge workshop identifies the ways excellent psychotherapists interact with help-seekers to get the best results. Rather than implementing the prescribed models with fidelity, excellent healers enhance the common factors of therapy by relying on character, flexibility, and interpersonal acumen, which they share with other excellent healers. I refer to these characteristic ways of being as interpersonal wisdom in psychotherapy.

#### **Agenda**

What we think we know about psychotherapy and why a lot of it is wrong

What is Psychotherapy at its core? Why does it work?

Common factors radicalism, therapist factors, and the alliance

Allowing your natural gifts to flourish – Interpersonal Wisdom

#### **Biography**

Kevin Kervick has taught family therapy, psychology, sociology, and freshman seminar at Chestnut Hills College in Philadelphia, Montana State University in Bozeman, Montana, Southern New Hampshire University in Manchester, New Hampshire, and York County Community College in Wells, Maine, USA.

Kevin also has 30 years of experience as a Marriage and Family Therapist and clinical supervisor. A Possibilities Coach for other professionals, Kevin offers practice mentoring and training for talk therapy professionals. He is one of three hundred worldwide graduates of Martin Seligman's highly acclaimed Authentic Happiness Coaching Program and applies that philosophy widely in handcrafted coaching with people from all walks of life. Kevin also offers state of the art training on talk therapy best practices, strengthening relationships, community building, systems reform, and personal and organizational transformation.