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Levels and correlates of disability in life skills among patients with schizophrenia

Shaher H. Hamaideh

The Hashemite University, Jordan

Schizophrenia is a severe mental disability disorder that affects all life aspects including physical health, life functioning, general well-being, and overall life skills, and resulted in a prominent impairment in life functioning. There is scarcity of data regarding life skills and disabilities among patients with schizophrenia in Jordan, therefore, this study was conducted to assess life skills and disabilities and its correlates among Jordanian patients with schizophrenia.

Methods: A cross-sectional design was used to collect data by a convenience method from 250 in patients with schizophrenia admitted to t mental health hospital in Jordan. Data were collected by one of the researchers using a questionnaire that consisted of demographic variables, Life Skills Profile, Global Assessment of Functioning, and Positive and Negative Syndrome Scale.

Results: Level of disability in life skills was 89.23. The highest disability was in social contact and in communication domains, and the lowest was in responsibility domain. There are differences in disability levels regarding family history of psychiatric illness, marital and employment status, and number of previous hospitalizations. Five factors (negative symptoms, general assessment of functioning, psychopathology symptoms, duration of treatment.

shaher29@hu.edu.jo