

Neapolitan Health Days 2022 And Fadoi Campania: A Happy Marriage

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Premises and purpose of the study

The Mayor and the Health Councilor of the metropolitan area of NAPOLI, in October 2022 organized a population screening weekend; in the 2 days people could be screened for several diseases using blood tests, US scans, counselling with different health professionals. FADOI-ANIMO Campania participated with a gazebo where doctors, nurses, dietitians performed visits.

Materials and methods

16 doctors and 5 nurses on a 6 hour-shift in 2 days visited people and

performed historical health reports, blood samples, blood pressure measurements, antropometric parameters and counselled on dietary habits and gave proper diets, carotid US, too were performed.

Conclusion

We visited 490 people, on 310 we detected blood pressure and blood glucose sugar. We counseled all 490 with healthy dietary and living habits receiving a high satisfaction questionnaire of the initiative. Complete data is still on the run. We strongly recommend health screening programmes in general population to improve their healthy habits.