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Use of Quality Improvement plans to improve the contraceptive uptake amongst young people in South Africa

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The use of the quality improvement (QI)cycles has recently become the phenomenon that is implemented in different settings to improve the outcomes and outputs. South Africa as the developing country was faced with the high rates of maternal and neonatal deaths. Several proven interventions were introduced in order to improve the performnce but the rate of improvement was slow. In 2015, the department of health identified the access to sexual and reproductive health services as the cornerstone to improve the outcomes.

The QI methodology was introduced in order to improve access to termination of pregnancy services, contraceptives, information regarding the sexual and reproductive health. Several districts within the country participated in the QI processes and in 2018, there were significant improvements in the indicators relating to the maternal and child health services. Couple year protection rate increased from 48% to 66%.

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