# A short note on neurology and neuroscience

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### INTRODUCTION

Natural products are typically defined in the field of organic chemistry as organic compounds isolated from natural sources and produced by primary or secondary metabolic pathways. In the field of medicinal chemistry, the definition is frequently narrowed down to secondary metabolites. Secondary metabolites are not required for survival, but they do provide an evolutionary advantage to organisms that produce them. Many secondary metabolites are cytotoxic and have evolved to be used as "chemical warfare" agents against prey, predators, and competing organisms.

Primary metabolites are components of basic metabolic pathways that are required for life. A hey are linked to cellular functions such as nutrient assimilation, energy production, and growth/development. They have a diverse species distribution that includes many phyla and, in many cases, more than one kingdom. Carbohydrates, lipids, amino acids, and nucleic acids are examples of primary metabolites, and they are the fundamental building blocks of life.

### DESCRIPTION

Respiratory and photosynthetic enzymes are examples of primary metabolites involved in energy production. Enzymes, in turn, are made up of amino acids and non-peptidic cofactors that are required for enzyme function. Primary metabolites are also present in the basic structure of cells and organisms. Cell membranes (e.g., phospholipids), cell walls (e.g., peptidoglycan, chitin), and cytoskeletons are examples of these (proteins).

Vitamin B family members are primary metabolite enzymatic cofactors. Thiamine diphosphate, a form of vitamin B<sub>1</sub>, is a coenzyme for pyruvate dehydrogenase, 2-oxoglutarate dehydrogenase, and transketolase, all of which are involved in carbohydrate metabolism. Vitamin B2 (riboflavin) is a component of FMN and FAD, both of which are required for many redox reactions. Vitamin B<sub>3</sub> (nicotinic acid or niacin) is a component of the coenzymes NAD+ and NADP+, which are required for electron transport in the krebs cycle, oxidative phosphorylation, and a variety of other redox reactions. Vitamin  $B_5$  (pantothenic acid) is a component of coenzyme a, which is essential for carbohydrate and amino acid metabolism as well as fatty acid and polyketide biosynthesis. Vitamin B6 (pyridoxol, pyridoxal, and pyridoxamine) is an antioxidant.

Secondary metabolites, as opposed to primary metabolites, are optional and not absolutely necessary for survival. Furthermore, secondary metabolites are typically restricted to a small number of species. Secondary metabolites serve a variety of purposes. These

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include pheromones, which act as social signalling molecules with other members of the same species, communication molecules, which attract and activate symbiotic organisms, agents that solubilize and transport nutrients (siderophores, for example), and competitive weapons (repellents, venoms, toxins, for example) used against competitors, prey, and predators. The function of many other secondary metabolites is unknown. According to one theory, they provide a competitive advantage to the organism that produces them. Another point of view is that, like the immune system, these secondary metabolites serve no purpose other than to keep the machinery running.

## CONCLUSION

Carbohydrates are an essential source of energy for most living

things. Furthermore, polysaccharides formed from simpler carbohydrates are important structural components of many organisms, such as bacterial and plant cell walls. Carbohydrates are the by-products of photosynthesis in plants and gluconeogenesis in animals. Initially, photosynthesis generates 3phosphoglyceraldehyde, a three carbon atom sugar (a triose). Through the Calvin cycle, this triose can be converted into glucose (a six carbon atom sugar) or a variety of pentoses (five carbon atom sugars). Lactate and glycerol, two carbon precursors found in animals, can be converted into pyruvate, which can then be converted into carbohydrates in the liver.