

Editorial Note on Medicine Dogan Zeytun*

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Editorial

Medicine is the science and the practice concerned with the maintenance of health and the prevention, alleviation, or cure of disease. The role of medicine has been described as 'to cure sometimes, to heal often and to comfort always'. Medicine is the field of health and healing. It includes nurses, doctors, and various specialists. It covers diagnosis, treatment, and prevention of disease, medical research, and many other aspects of health. Medicine aims to promote and maintain health and wellbeing. Alternative and complementary types of medicine include acupuncture, homeopathy, herbal medicine, art therapy, traditional Chinese medicine, and many more. Traditional medicines are purely based on a natural way of treatment for all illness. These medicines are derived from plants and animals, besides that they are not usually processed. Within medical circles, specialities usually fit into one of two broad categories: "Medicine" and "Surgery". "Medicine" refers to the practice of non-operative medicine. Surgery is an ancient medical specialty that uses operative manual and instrumental techniques on a patient to investigate or treat a pathological condition such as disease or injury.

In the current world, living beings are suffering from numerous kinds of diseases due to their lifestyle habits. Nowadays, medicine is the first aid preferred for every disease. Every day, millions of people are using medicines for curing diabetes, blood pressure, body pain and fever. These days there is medicine for every disease. People are getting better life through the medical treatment. Human beings alleged that medicines have the capacity to regulate diseases and it gives health and well-being of patients. These days, medicines come from a variety of sources. Medicines can treat illnesses and alleviate symptoms, but they also give rise to adverse side effects. Improper use of medicines brings potential health hazards. Particularly older people with multiple conditions, there is increasing awareness of the risks around polypharmacy. This is where drugs are prescribed to counteract the side effects of other drugs, e.g. painkillers for

drugs that have headaches as a side effect; as well as presenting risks of further side-effects to patients.

Many highly trained health professionals besides medical practitioners are involved in the delivery of modern health care. Examples include: emergency medical technicians and paramedics, nurses, laboratory scientists, pharmacists, physiotherapists, respiratory therapists, speech therapists, occupational therapists, radiographers, dieticians and bioengineers, medical physics, surgeons, surgeon's assistant, surgical technologist. Physicians have many specializations and subspecialisations into certain branches of medicine. Basic sciences of medicine; this is what every physician is educated in, and some return to in biomedical research. Some of the branches of medicine have tremendous scope for development in the future and those medical specialties are: cardiology, gastroenterology, urology, anaesthesiology, plastic surgery, emergency medicine, and internal medicine.

Biomedical research requires careful experimentation, development, and evaluation. It involves biologists, chemists, doctors, pharmacologists, and others. Health professionals use a wide range of instruments to diagnose and treat a disease or other condition, to prevent a deteriorating of symptoms, to replace a damaged part. Surgical procedures are necessary for diagnosing and treating some types of disease, malformation, and injury. Researchers carry out investigations to find out which diseases are present, reason of occur, How to treat or prevent them, what makes them more likely to happen, and many other aspects of health.

Department of Internal Medicine, University of Health Sciences, Antalya, Turkey

*Corresponding author: Dogan Zeytun

✉ dgzeytun@erincan.edu.tr

Department of Internal Medicine, University of Health Sciences, Antalya, Turkey.

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